

Latex Allergy Action Plan

GENERAL INSTRUCTIONS:

Latex Allergy Action Plan for Anaphylaxis

Symptoms Anaphylaxis: Throat closing, difficulty breathing or increased scratchiness in throat.

Treatment: Administer Epi[®] pen as prescribed by physician

Call 911

Immediately proceed to an emergency facility.

Latex Allergy Action Plan for Systemic Reaction

Symptoms Systemic Reaction: Hives or increased itchiness.

Treatment: Antihistamine as prescribed as physician

Stay away from heat - i.e. bath, shower, weather, until hives completely resolve.

If no relief call physician.

These guidelines may vary from physician to physician and will depend upon the extent of the signs and symptoms experienced. Consult with your allergist regarding your treatment.

List Medications:

Additional Physician Instructions:

Emergency Contact Information:
